

Mingle, Mingle, Mingle Energizer

Stand on a step stool or chair and start the chant and help them practice the rhythm (sort of a conga-line beat, e.g., repetitive "do-do-do-do DO DO!, do-do-do-do DO DO!". Then tell them the drill:

They start doing the "Mingle" chant until you say "Stop!"

Then, call out a number and a question.

They get in groups of the number you called out and then quickly take turns answering the question.

As soon as most groups are done, do it again . . . with a new number and new question.

Rinse and repeat for about 3-5 times, dependent on what time you have.

- Favorite vacation spot
- Where you were born, city/state/country
- Animal you behave like when stressed
- At age 5, what did you want to be when you grew up
- Favorite kind of music or particular song
- Where did you go to high school? (town, city, country)
- If you could live anywhere in the world, where would you live
- What did you have for breakfast this morning
- When's your birthday
- Your family's favorite meal
- Others you want to add